

**Lap-Band Support Group
Newsletter**



**Center of
Excellence**
BARIATRIC SURGERY

December 2007



Your staff enjoying the Silver Bells Breakfast at the Red Lion Inn;
Supporting Providence St. Peter Hospital Foundation's fundraising event.

Top from left: Karen, Buffy & Michelle
Bottom from left: Heather, Lisa, Loryn, Peggy & Erin

Our Support Group meeting on December 18th in
Olympia will be a **Holiday Get-Together**

We will be discussing **Holiday Eating Strategies**
Complete with "Survival Kits"

Food will be provided (even soup for those on liquids!)

If you bring a wrapped gift (\$10 limit)
you can be part of a **fun gift exchange!**



Door Prizes!

All Support Group dates and times can be found on our website at:
www.pacsurgical.com